

Novena to St. Joseph

Day One: Foster Father of Jesus

Saint Joseph, you were privileged to share in the mystery of the Incarnation as the foster-father of Jesus. Mary alone was directly connected with the fulfillment of the mystery, in that she gave her consent to Christ's conception and allowed the Holy Spirit to form the sacred humanity of Jesus from her blood. You had a part in this mystery in an indirect manner, by fulfilling the condition necessary for the Incarnation -- the protection of Mary's virginity before and during your married life with her. You made the virginal marriage possible, and this was a part of God's plan, foreseen, willed, and decreed from all eternity.

Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary. Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

(Mention your request).

Guardian of the Word Incarnate, I feel confident that your prayers in my behalf will be graciously heard before the throne of God. Amen.

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen!

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Days for the Mysteries: Joyful (*Monday & Saturday*), Sorrowful (*Tuesday & Friday*), Glorious (*Wednesday & Sunday*), Luminous (*Thursday*)

Day Two: Virginal Husband of Mary

Saint Joseph, I honor you as the true husband of Mary. Scripture says: 'Jacob begot Joseph, the husband of Mary, and of her was born Jesus who is called Christ' (Matt. 1:16). Your marriage to Mary was a sacred contract by which you and Mary gave yourselves to each other. Mary really belonged to you with all she was and had. You had a right to her love and obedience; and no other person so won her esteem, obedience, and love.

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Day Three: Man Chosen By The Blessed Trinity

Saint Joseph, you were the man chosen by God the Father. He selected you to be His representative on earth, hence He granted you all the graces and blessings you needed to be His worthy representative. You were the man chosen by God the Son. Desirous of a worthy foster-father, He added His own riches and gifts, and above all, His love. The true measure of your sanctity is to be judged by your imitation of Jesus. You were entirely consecrated to Jesus, working always near Him, offering Him your virtues, your work, your sufferings, your very life. Jesus lived in you perfectly so that you were transformed into Him. In this lies your special glory, and the keynote of your sanctity. Hence, after Mary, you are the holiest of the saints.

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Day Four: Faithful Servant

Saint Joseph, you lived for one purpose -- to be the personal servant of Jesus Christ, the Word made flesh. Your noble birth and ancestry, the graces and gifts, so generously poured out on you by God -- all this was yours to serve our Lord better. Every thought, word, and action of yours was a homage to the love and glory of the Incarnate Word. You fulfilled most faithfully the role of a good and faithful servant who cared for the House of God. How perfect was your obedience! Your position in the Holy Family obliged you to command, but besides being the foster-father of Jesus, you were also His disciple. For almost thirty years, you watched the God-Man display a simple and prompt obedience, and you grew to love and practice it very perfectly yourself. Without exception you submitted to God, to the civil rulers, and to the voice of your conscience.

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Day Five: Patron of the Church

Saint Joseph, God has appointed you patron of the Catholic Church because you were the head of the Holy Family, the starting-point of the Church. You were the father, protector, guide and support of the Holy Family. For that reason you belong in a particular way to the Church, which was the purpose of the Holy Family's existence. I believe that the Church is the family of God on earth. Its government is represented in priestly authority which consists above all in its power over the true Body of Christ, really present in the Blessed Sacrament of the Altar, thus continuing Christ's life in the Church. From this power, too, comes authority over the Mystical Body of Christ, the members of the Church -- the power to teach and govern souls, to reconcile them with God, to bless them, and to pray for them.

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Day Six: Patron of Families

Saint Joseph, I venerate you as the gentle head of the Holy Family. The Holy Family was the scene of your life's work in its origin, in its guidance, in its protection, in your labor for Jesus and Mary, and even in your death in their arms. You lived, moved, and acted in the loving company of Jesus and Mary. The inspired writer describes your life at Nazareth in only a few words: 'And (Jesus) went down with them and came to Nazareth, and was subject to them' (Luke, 2:51). Yet these words tell of your high vocation here on earth, and the abundance of graces which filled your soul during those years spent in Nazareth.

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Day Seven: Patron of Workers

Saint Joseph, you devoted your time at Nazareth to the work of a carpenter. It was the Will of God that you and your foster-Son should spend your days together in manual labor. What a beautiful example you set for the working classes! It was especially for the poor, who compose the greater part of mankind, that Jesus came upon earth, for in the synagogue of Nazareth, He read the words of Isaiah and referred them to Himself: 'The Spirit of the Lord is upon me, because He has anointed Me to bring good news to the poor...' (Luke 4:18). It was God's Will that you should be occupied with work common to poor people, that in this way Jesus Himself might ennoble it by inheriting it from you, His foster-father, and by freely embracing it. Thus our Lord teaches us that for the humbler class of workmen, He has in store His richest graces, provided they live content in the place God's Providence has assigned them, and remain poor in spirit for He said, 'Blessed are the poor in spirit, for theirs is the kingdom of heaven' (Matt. 5:3).

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Day Eight: Friend In Suffering

Saint Joseph, your share of suffering was very great because of your close union with the Divine Savior. All the mysteries of His life were more or less mysteries of suffering. Poverty pressed upon you, and the cross of labor followed you everywhere. Nor were you spared domestic crosses, owing to misunderstandings in regard to the holiest and most cherished of all beings, Jesus and Mary, who were all to you. Keen must have been the suffering caused by the uncertainty regarding Mary's virginity; by the bestowal of the name of Jesus, which pointed to future misfortune. Deeply painful must have been the prophecy of Simeon, the flight into Egypt, the disappearance of Jesus at the Paschal feast. To these sufferings were surely added interior sorrow at the sight of the sins of your own people.

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Day Nine: Patron of a Happy Death

Saint Joseph, how fitting it was that at the hour of your death Jesus should stand at your bedside with Mary, the sweetness and hope of all mankind. You gave your entire life to the service of Jesus and Mary; at death you enjoyed the consolation of dying in Their loving arms. You accepted death in the spirit of loving submission to the Will of God, and this acceptance crowned your hidden life of virtue. Yours was a merciful judgment, for your foster-Son, for whom you had cared so lovingly, was your Judge, and Mary was your advocate. The verdict of the Judge was a word of encouragement to wait for His coming to Limbo, where He would shower you with the choicest fruits of the Redemption, and an embrace of grateful affection before you breathed forth your soul into eternity.

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